

Youth Risk Behavior Survey

Laconia High School 2015 Results

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Youth Risk Behavior Survey (YRBS)

History of YRBS

The YRBS was developed in 1991 by the CDC to collect health related data

From 1991 through 2013, the YRBS has collected data from more than 2.6 million high school students in more than 1,100 separate surveys.

What is the YRBS?

Is it a tool that can be used to impart positive change

It is NOT a report card of the school, but rather a reflection of community perceptions and behaviors

Purpose/Use of the YRBS

The YRBS was designed to:

- ✓ Assess trends in priority health risk behaviors among middle and high school aged youth
- ✓ Enable to schools/communities to understand risks and health behaviors of area youth
- ✓ Evaluate the impact of broad school and community interventions at national, state, and local levels
- ✓ Develop programs or policies to reduce risk and promote health
- ✓ Monitor whether health outcomes among youth are improving or deteriorating

Youth Risk Behavior Survey (YRBS) is a questionnaire that monitors six types of health-risk behaviors:



Who Administers the YRBS?

CDC

NHDOE

NH
DHHS

State

Regional

Local

On odd-numbered years, more than 70 states, U.S. territories, and large urban school districts administer the YRBS under a cooperative agreement with the Centers for Disease Control and Prevention (CDC).

These funded surveys, combined with additional surveys conducted by the CDC, comprise the Youth Risk Behavior Surveillance System (YRBSS).

Where is the YRBS Administered?

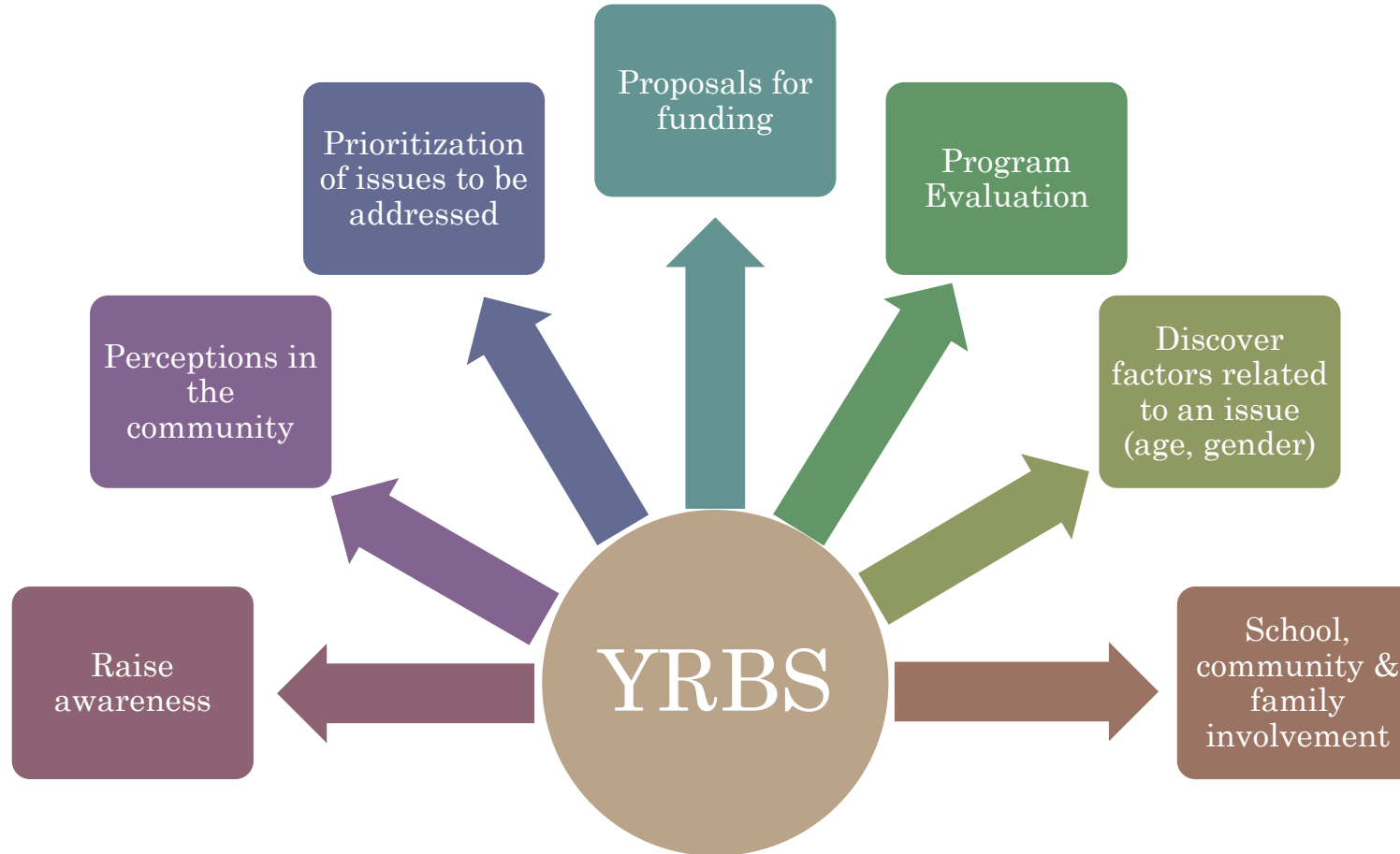
Nationally

- Every state except for Washington, Oregon and Minnesota participated in 2013 High School YRBS
- 2015 National Data to be released June 2016
- 2013 Middle School YRBS administered in the following states: Maine, Vermont, Rhode Island, North Dakota, Wyoming, Colorado, Kentucky, Tennessee, Virginia, West Virginia, District of Columbia, Delaware, Maryland, North Carolina, South Carolina, Georgia and Florida

New Hampshire

- 2015 YRBS completed by 14,837 NH High School students in 67 public high schools
- 2015 YRBS in our region: Laconia, Belmont, Franklin, Gilford, Meredith, Tilton
- Laconia last administered the YRBS in 2009
- 2015 Middle School YRBS administered in the following towns: Dover, Rochester, Somersworth, Durham, Farmington

What can YRBS Data be Used for?



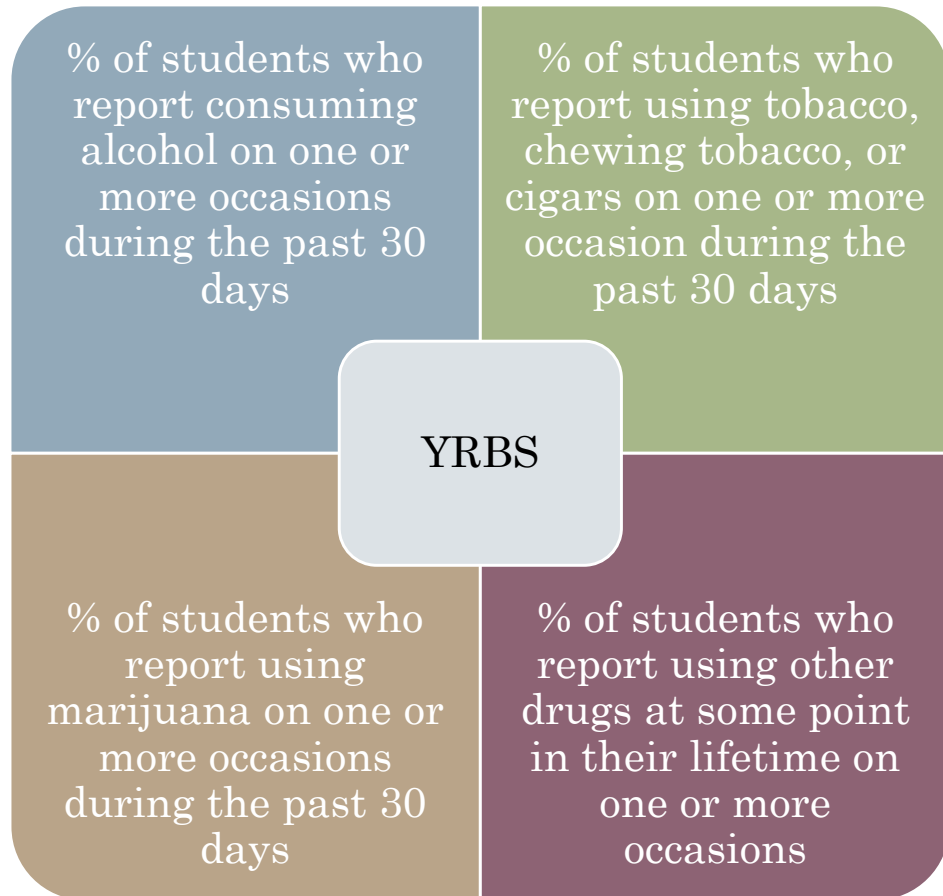
Government Performance and Results Act (GPRA)

- The Government Performance and Results Act (GPRA) (Pub.L. 103–62) is a United States law enacted in 1993.
- It is one of a series of laws designed to improve government performance management.
- The GPRA requires agencies to engage in performance management tasks such as setting goals, measuring results, and reporting their progress.
- In order to comply with the GPRA, agencies produce strategic plans, performance plans, and conduct gap analyses of projects.

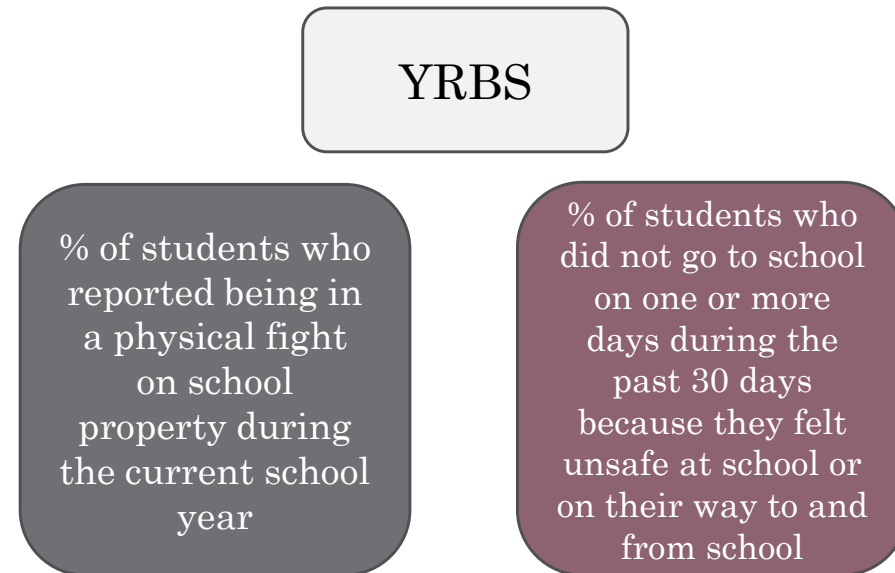
Federal grants require recipients to track, monitor, and report on various GPRA indicators/measures annually

Laconia's Required GPRA Indicators

Preventing Behavioral Health Problems (including Substance Use)



Creating Safe and Violence-Free Schools



Life Issues

Percentage
Laconia Region State

Haven't recently attended community services	66.5	60.1	57.4
Have a family member currently in the military	17.4	17.0	15.0
Didn't get 8 or more hours of sleep	70.7	70.7	71.6
Not involved in community activities during average school week	67.6	65.2	62.8
Had a family member in jail or in prison	17.8	13.7	9.3
Saw or heard domestic violence at home	22.8	15.8	14.8
lived with someone with alcohol or drug problem	44.6	36.6	30.7
Had average grades of D or F	14.6	6.9	4.4

Healthy Living Habits

Percentage
Laconia Region State

Drank soda each of past 7 days	20.6	15.0	13.0
Watched television 3+ hours per day	23.9	20.9	19.1
Didn't play on 1+ sports teams during past school year	45.4	39.6	41.5
Went hungry often because of not enough food at home	4.1	2.9	2.5
Played video / computer games or used a computer 3+hours per day	46.7	42.5	38.9
Were trying to lose weight	50.2	46.9	44.1
Weren't physically active \geq 60 minutes per day past 7days	58.7	51.7	53.1
Aren't using diet to control weight	60.0	59.1	61.7
Used an indoor tanning device	8.3	6.7	6.1

Self Harm

	Percentage		
	Laconia	Region	State
Seriously considered attempting suicide	22.4	18.7	15.3
Purposely hurt themselves without wanting to die	24.0	19.9	18.5
Felt sad or hopeless for at least 2 weeks straight	37.7	31.8	27.2
Attempted suicide	11.5	8.0	6.8
Attempted suicide resulting in injury that had to be treated by doctor	4.4	2.1	2.5
Wouldn't talk to parent about negative emotions	83.2	82.0	79.5

Sexual Activity

Percentage
Laconia Region State

• Had sexual intercourse before age 13 years	4.0	2.1	2.8
• Used alcohol or drugs before last sexual intercourse	20.6	20.8	18.9
• Unwanted sex due to another student's drinking	6.5	5.9	5.5
• Ever had sexual intercourse	47.6	42.6	39.4
• Didn't use a condom during last sexual intercourse	49.7	45.2	39.8
• Are currently sexually active	35.4	33.6	31.3
• Didn't use birth control pills during last sexual intercourse	77.6	67.7	67.3
• Experienced sexual dating violence	14.9	14.4	11.7

Substance Misuse

	Laconia	Percentage Region	State
Ever used ecstasy	6.9	4.2	4.5
Ever used methamphetamines	2.6	1.6	2.5
Ever used cocaine	7.2	5.3	4.9
Ever came to school high on marijuana	20.2	17.8	15.3
Ever used inhalants	7.4	8.1	6.4
Ever used synthetic marijuana	16.7	10.7	9.2
Ever used heroin	3.0	2.1	2.4
Currently use marijuana	30.7	25.0	22.2
Currently use Rx drugs without a doctor's Rx	7.4	7.4	6.8
Were offered, sold, or given drugs on school property	15.0	13.2	16.5
Tried marijuana before age 13 years	9.6	6.1	6.1
Ever took Rx drugs without a doctor's Rx	14.1	13.6	13.4

Perceptions....

		Percentage	
	Laconia	Region	State
Don't perceive of parental wrongness of marijuana use	22.0	19.7	17.0
Don't perceive of moderate/great risk from marijuana use	64.3	60.0	60.3
Don't perceive of moderate/great risk from taking Rx w/o an MDs Rx	10.9	12.5	13.1
Don't perceive of parental wrongness of taking Rx w/o an MDs Rx	5.4	5.5	5.1
Don't perceive of peer wrongness of marijuana use	60.6	55.9	57.1
Didn't talk about dangers of substance misuse with parents	54.8	53.6	50.0
Don't perceive of peer wrongness of taking Rx w/o an MDs Rx	18.1	17.9	18.6
Perceive easy or very easy access to Rx w/o a Rx	34.3	28.2	29.9
Didn't see prevention messaging for alcohol or other drugs	24.1	24.2	20.4
Perceive easy or very easy access to marijuana	69.7	63.7	63.3

Injury

	Percentage		
	Laconia	Region	State
Were injured in physical fight	5.6	4.7	4.2
Never / rarely wore a seat belt when driving a car	12.9	9.5	7.7
Never / rarely wore a seat belt when riding in a car	19.0	12.5	8.2
Experienced sexual dating violence	14.9	14.4	11.7
Were in physical fight at school	10.8	8.4	6.4
Were ever physically forced to have sexual intercourse	10.4	7.7	6.3
Did not go to school because they felt unsafe	7.6	5.4	5.4
Were electronically bullied	28.0	23.5	18.6
Were bullied on school property	33.1	30.1	22.1
Experienced physical dating violence	12.5	10.2	7.8
Never or rarely wore a bicycle helmet	77.7	65.3	56.3
Texted or e-mailed while driving	39.4	37.7	43.7

Alcohol....

	Laconia	Percentage Regional	State
Drank alcohol before age 13 years	16.3	13.0	10.8
Drove when drinking alcohol	11.1	9.5	6.3
Currently drink alcohol	35.9	34.5	29.9
Had five or more drinks of alcohol in a row	21.0	21.5	16.8
Get the alcohol they drank by someone giving it	41.8	39.5	42.3
Rode with a driver who had been drinking alcohol	18.1	18.6	15.8

Tobacco

	Laconia	Percentage Region	State
Currently smoked cigarettes	8.2	14.2	9.3
Currently use smokeless tobacco	3.9	5.1	6.0
Smoked a whole cigarette before age 13 years	11.3	6.7	5.5
Smoke more than 10 cigarettes per day	10.8	13.7	14.2
Currently use cigars	13.2	12.3	11.0
Currently use electronic vapor products	32.5	28.9	25.0
Smoked and didn't try to quit smoking cigarettes	42.7	47.5	53.8
Usually obtain their own cigarettes by buying them	9.7	9.4	13.6

Questions

