



## **Smart Recovery Meeting for Family and Friends**

@

**Navigating Recovery**

**635 Main St #303, Laconia**

**Wednesdays**

**6-7pm**

Are you struggling with how to help someone with drug addiction, alcohol abuse, or other addictive behaviors? SMART Recovery would like to provide you with the resources you can use to help yourself, as well your loved one.

SMART Recovery Family & Friends helps those who are affected by the substance abuse, drug abuse, alcohol abuse, or other addictions of a loved one. SMART Recovery Family & Friends is a science-based, secular approach to addictions.

For information contact Trish @ 603-998-7499